



Relationship and Sex Education (RSE) policy

Approved by: Full GB

Date:

Next review due by:

November 2027

Signed Headteacher:

Date:

Signed CoG:

Date:

Primary Relationships and Sex Education (RSE) Policy

School Name: Kobi Nazrul primary School

Date policy was approved:

Review date:

Job title of person(s) responsible for overseeing this policy: Head teacher and
Healthy Schools Leader

Job title of person(s) writing this policy: Head teacher and Healthy Schools
Leader

Aim:	The main aims of our school RSE policy are: 1. Kobi Nazrul is committed to putting safeguarding at the heart of everything we do and this includes teaching RSE to pupils. 2. To teach RSE as outlined by the Department of Education and comply with the relevant provisions of the Equality Act 2010. 3. To ensure pupils are able to keep themselves safe by teaching factually accurate information so they can make informed decisions. 4. Children understand the changes to their body as they grow and develop and are supported to behave in a mature and responsible way.
Context	“Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.” (Relationships Education, Relationships and Sex Education (RSE) and Health Education: Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers (2019) – Secretary of State Foreword, Pg. 4 -

	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships Education Relationships and Sex Education RSE and Health Education.pdf
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CURRICULUM PROVISION and CONTENT

Relationships Education (Statutory)	• Families And People Who Care For Me • Caring Relationships • Respectful Relationships • Online Relationships • Being Safe Please see the Government link for more information (Relationships Education, Relationships and Sex Education (RSE) and Health Education - https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education)
Health Education (Statutory)	• Mental Wellbeing • Internet and Safety Harms • Physical Health and Fitness • Healthy Eating • Drugs, Alcohol and Tobacco • Health and Prevention • Basic First Aid • Changing Adolescent Body Please see the Government link for more information (Relationships Education, Relationships and Sex Education (RSE) and Health Education - https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education)
National Curriculum Science (Statutory)	Key Stage 1: • identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. (At Kobi Nazrul, children don't draw and label the private body parts.) • notice that animals, including humans, have offspring which grow into adults • describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

	Key Stage 2: Year 4 Puberty for girls will first be taught in the Spring term of year 4 Year 5 • describe the changes as humans develop to old age At the beginning of year 5, puberty for girls and boys will be taught. (This will be a refresher for girls). Year 6 • recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents From the DfE guidance: Puberty “The content set out in this guidance covers everything that primary schools should teach about relationships and health, including puberty. The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age* (including puberty) and reproduction in some plants and animals”. (At Kobi Nazrul reproduction is only taught through plants and animals in science lessons). Please see the Government link for more information “106. At key stages 1 and 2, the national curriculum for science includes teaching about the main external parts of the body and changes to the human body as it grows from birth to old age, including puberty” (Statutory guidance - National curriculum in England: science programmes of study – Updated 6 May 2015 https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study/national-curriculum-in-england-science-programmes-of-study)
Sex	• How a baby is conceived and born (DfE recommend in Year 6)

Education (Non- Statutory)	• FGM This is offered to families yearly in year 5 at Kobi Nazrul as an opt-in only. Please see the Government link for more information (Relationships Education, Relationships and Sex Education (RSE) and Health Education - https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education)
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MONITORING, EVALUATION and ASSESMENT

Monitoring and Evaluation	The subjects will be monitored and evaluated by the healthy schools' leader and SLT. It is important these subjects are consistently monitored to ensure confidence levels of teachers are maintained and the delivery and content is consistent across the school.
Assessment	The school will identify pupils' prior knowledge through conversation and questioning. The school will assess pupils' learning and progress through assessment for learning strategies that happen daily in the classroom. The school will evidence pupils' learning and progress through pupil progress meetings.

THE RIGHT TO WITHDRAW

No Right to Withdraw	There is no parental right to withdraw from Relationships Education, Health Education or the National Curriculum Science as these are a statutory part of the curriculum
Right to Withdraw	Parents have the right to withdraw from topics taught outside of these areas and relating to Sex Education, for example, how a baby is conceived and born.
Withdrawal Process	These non-statutory lessons are offered and parents opt in.

EQUALITY and SAFEGUARDING

Equality	The school is committed to following the Equality Act and to tackling all forms of discrimination.
LGBT	LBTH recommends teaching about LGBT relationships, in the context of different types of families, in order that children coming from same sex families feel welcomed and included in school, from the very beginning of their school career, in Key Stage 1. It is also important in terms of tackling homophobic behaviour and bullying and demonstrates LBTH's commitment to equalities, as outlined in the Equality Act. At Kobi Nazrul Primary school we are committed to protecting children and families against discrimination, whether knowing or unintentional. This includes all Protected Characteristics in the Equality Act. The Department for Education statutory guidance strongly encourages and enables schools to teach LGBT content, in the context of different types of families. At Kobi Nazrul Primary school we have chosen to use the LBTH recommendation as a guide with regards to LGBT content, in the context of different types of families, only using the teaching resources set out in this policy. With due regard to all relevant evidence we have chosen to place LGBT content, in the context of different types of families, into the statutory part of the curriculum in Key Stage 1 (by the end of Year 2).
Naming of the Private Body Parts	LBTH recommends that children are taught in Key Stage 1 about naming of the private body parts, as a safeguarding issue. This is so pupils can report abuse if it happens or so that they can accurately report medical symptoms if they are unwell. The more children are able to name the private body parts and to know about appropriate and inappropriate touch, the more they are protected from abuse. This lesson will not have a written outcome / summative assessment. Pupils will also be taught about stable, caring, healthy family life and friendships and how to recognise if or when relationships are making them unhappy or unsafe. Lessons will cover staying safe both online and offline,

	how to identify risks online, harmful online content and contact and how to report it. Pupils will also learn how to seek help and advice from others. LBTH also recommends that lessons about puberty begin in Year 4, to prepare children for puberty and menstruation for girls, before it occurs. At Kobi Nazrul we teach this at the beginning of Year 5. At Kobi Nazrul Primary school we have chosen to place the naming of the private body parts into the statutory part of the (Relationships Education / Science) curriculum in Key Stage 1 (by the end of Year 2). The following words are taught in Key Stage 1: • Penis • Nipples • chest • Testicles • Vagina
SEND	The delivery of the content will be made accessible to all pupils, including those with SEND.
Disclosures	Any disclosures should follow the schools agreed safeguarding procedures.

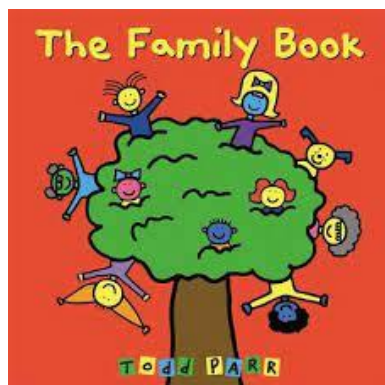
RESOURCES and LESSON PLANS

Teaching Resources	Kobi Nazrul Primary school is committed to using diagrams (not photos or videos) and puberty lessons / naming of the private body parts lessons, will be taught in single sex lessons. Our school is also committed to holding information meetings to show parents resources and lesson plans before the commencement of RSE
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lessons.

The school will use the following teaching resources for the Relationships lessons under family types:

Year 1:



Year 2:



PSHE is taught using the edited Jigsaw lesson plans saved as: Jigsaw Kobi Nazrul 2024.

In the girls/boys puberty lessons, all children learn all lessons however, parents and carers can choose to opt in to a small section of the lessons: see Kobi Nazrul edited resources.



CONSULTATION AND PARTNERSHIPS

Parents	Our relationship with parents/carers is very important and we aim to support them with information meetings about our RSE curriculum content, including resources, where they can share any concerns or issues they may have about any aspect of the RSE provision. Any policy update will involve meeting parents.
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Staff	The school encourages staff to contribute and support this RSE policy. The school holds staff meetings and training on RSE to ensure that staff feel confident to deliver this content. Any policy update will involve meeting staff.
Governors	Governors, in conjunction with the Headteacher and SLT, ultimately make the decision about which topics should be taught and at what stage in the curriculum. Governors also decide which resources are used to teach RSE and how RSE is taught in school. The DfE RSE guidance (2019) provides further clarification as to the role of Governors: “As well as fulfilling their legal obligations, the governing boards or management committee should also make sure that: • all pupils make progress in achieving the expected educational outcomes; • the subjects are well led, effectively managed and well planned; • the quality of provision is subject to regular and effective self-evaluation; • teaching is delivered in ways that are accessible to all pupils with SEND clear information is provided for parents on the subject content and the right to request that their child is withdrawn; and • the subjects are resourced, staffed and timetabled in a way that ensures that the school can fulfil its legal obligations.” (Relationships Education, Relationships and Sex Education (RSE) and Health Education: Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers (2019) – Secretary of State Foreword, Pg. 16 - https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

